

VOLLEYBALL 2015 CALL-OUT MEETING

1. All students must have a completed **physical** dated after April 1, 2015 in order to participate in try-outs for the volleyball team. The parent and student portion of the physical must be filled out prior to seeing the doctor. Bring your completed physical form on the first day of try-outs (turn it in to the coaches) along with your **permission slip**.

2. Try-outs will start on August 10th, 2015 for 7th grade and 8th grade in the gymnasiums at Wilbur Wright. Make sure you are prepared for the work-outs by practicing and getting in shape during the summer prior to try-outs. Work on your volleyball skills, your cardio endurance (run, jump rope, bike etc...), and stretch.

	<u>Gym 1-Corral</u>	<u>Gym 2-Stable</u>
Mon., Aug. 10	7 th grade 3:00 - 4:30	8 th grade 3:00 - 4:30
Tues., Aug. 11	7 th grade 3:00 - 4:30	8 th grade 3:00 - 4:30
Wed., Aug. 12	7 th grade 3:00 - 5:00	8 th grade 3:00 - 5:00

FIRST CUTS WILL BE MADE FOR 7TH and 8TH GRADE ON AUG. 11.
The final selection will occur on Wednesday, Aug. 12 for 7th and 8th grade unless more time is needed. School starts on Wednesday, August 12.
Practices will continue on Thursday, Aug. 13 from 2:50 - 5:00.

3. A t-shirt, shorts, socks, knee pads, and gym shoes are the proper attire for practice. (Hair should be tied back) Everyone needs to bring their own water bottle filled with water. You must wear a shirt with your **last name** written on the back. Don't use tape! **ALSO, DON'T BRING YOUR OWN VOLLEYBALL.**

4. All girls trying out are encouraged to attend a summer **volleyball camp**.

5. Our game schedule usually consists of Monday and Wednesday night games with two Saturday tournaments. There is a chance that a Tuesday or Thursday game could be scheduled. Home matches start with the 7th grade team playing first at 5:00 and the 8th grade team playing immediately after the 7th grade match. Practices will be afterschool every day we don't have a match. **Players must attend all practices and games.** The season ends in October.

6. At home games the 8th graders will be required to be in the gym 30 minutes before the 7th grade game starts to help with warm-up and also to line judge. They will sit together and support our team during the game. The 7th graders will be required to stay for the 8th grade game which is played immediately after the 7th grade game. Both teams will play the best of 3 games with our opponents.

7. A bus will be provided for away games that will leave at a designated time usually at 4:00 from Wilbur Wright to the opposing school. All players must ride the bus to and from the school. **Parents** - please make sure you are there to pick up your daughter immediately after games and practices!

8. STUDENTS MUST BE PASSING ALL CLASSES AND HAVE GOOD BEHAVIOR.

CRITERIA USED FOR CHOOSING TEAMS

1. ATTITUDE, WORK ETHICS AND DESIRE TO IMPROVE
2. SKILLS IN VOLLEYBALL (SERVE, PASS, SET, SPIKE)
3. ATHLETIC ABILITY (SPEED, JUMPING ABILITY, QUICKNESS)
4. ABILITY TO COOPERATIVELY WORK WITH COACHES AND OTHER PLAYERS

12 players are usually kept for each team.

Coaches: Ms. Hamilton and Ms. Wayne

QUESTIONS OR CONCERNS?????

Call Ms. Hamilton at 219.836.6260 x2276 or

E-mail - lahamilton@munster.us

Permission Slip

I understand the responsibilities involved with my daughter playing on the Wilbur Wright volleyball team. I have read and understand the requirements should my daughter be selected for the team.

Parent signature _____

Daughter's name _____